

Calling all Runners and Walkers

Grab your coworkers and exercise for a good cause!

Fun 5K Run or 1 Mile Walk

Tuesday, May 19, 2009

6:45 AM Runners, 7AM Walkers

Rock Creek Park (behind Omni hotel)

\$15 donation to support the Community Service Project
(DC Public Schools)





Registration Form



Due to Rock Creek Park regulations, we are only able to accept the first 25 walkers and 25 runners. Sign up quickly!

All participants will be acknowledged at the EASFAA conference. In addition, each participant will be given a small bag of breakfast items so they don't have to rush to get breakfast before the sessions begin for the day. There will be water and sports drinks at the park.

If the fun run/walk is cancelled due to weather conditions, EASFAA thanks you for your contribution. No refunds will be made.

Please complete the form below and mail the form and a check (\$15 payable to EASFAA) to:

Stephanie Bender
ATTN: EASFAA Fun Run/Walk
9920 Redwing Drive
Perry Hall, MD 21128

Also, please email Stephanie to let her know your form and money are in the mail (sbender@edfund.org).

NAME _____

INSTITUTION _____

EMAIL _____

TELEPHONE _____

RUNNER _____ WALKER _____

In submitting this registration form, I'm intending to be legally bound for myself, my heirs, executors, and administrators, do hereby release and discharge EASFAA and any and all service organizations, sponsors, and volunteers connected with the operation and running of this event, from any and all liabilities arising from illness, injuries, and damages I may suffer as a result of my participation in this event.

SIGNATURE _____

DATE _____

